

Public Health in Alexandria

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April 2023

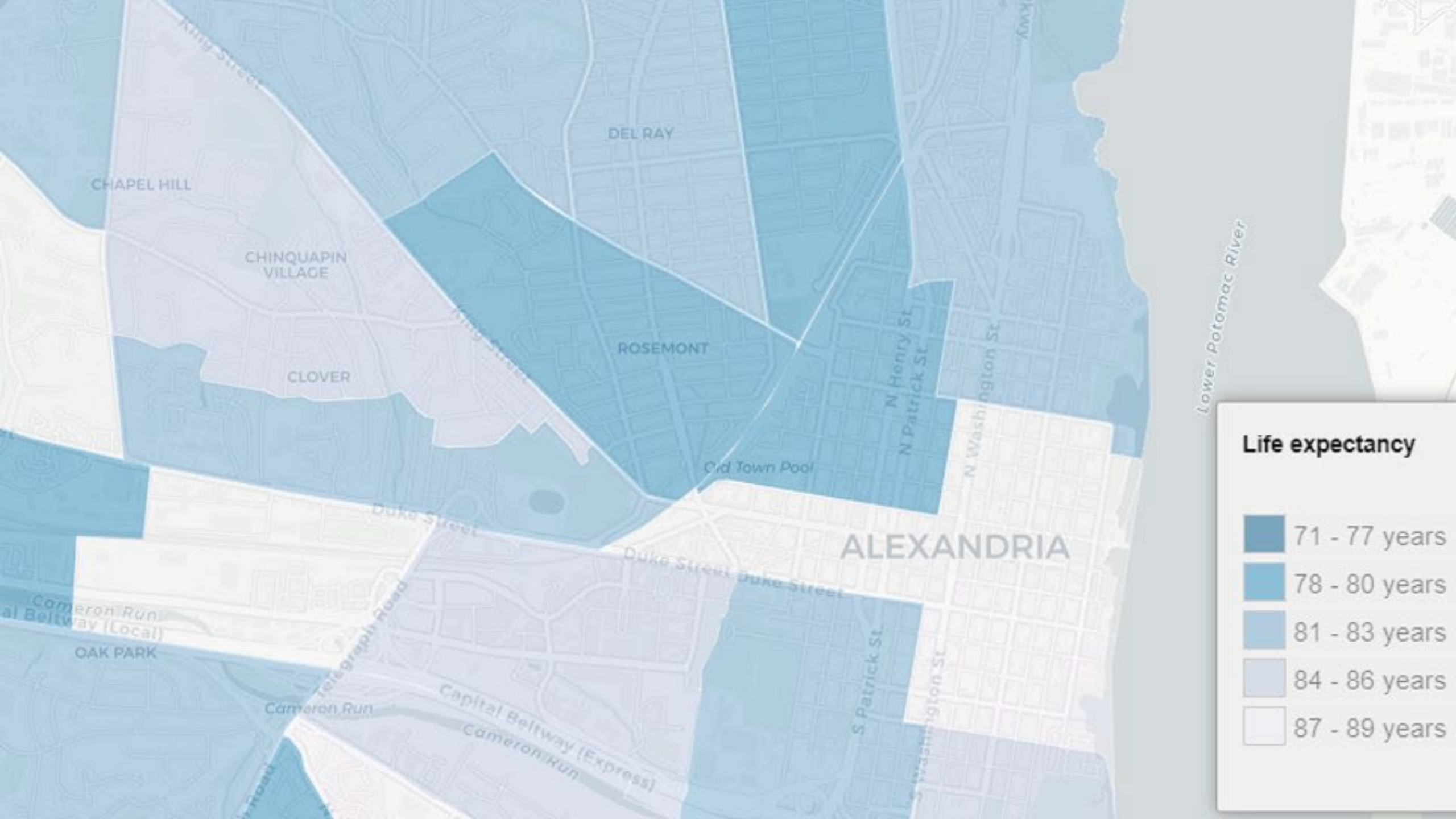


Public Health

- What is Public Health?
- Public Health in Alexandria
- What's New at AHD
- What YOU Can Do

April 2023



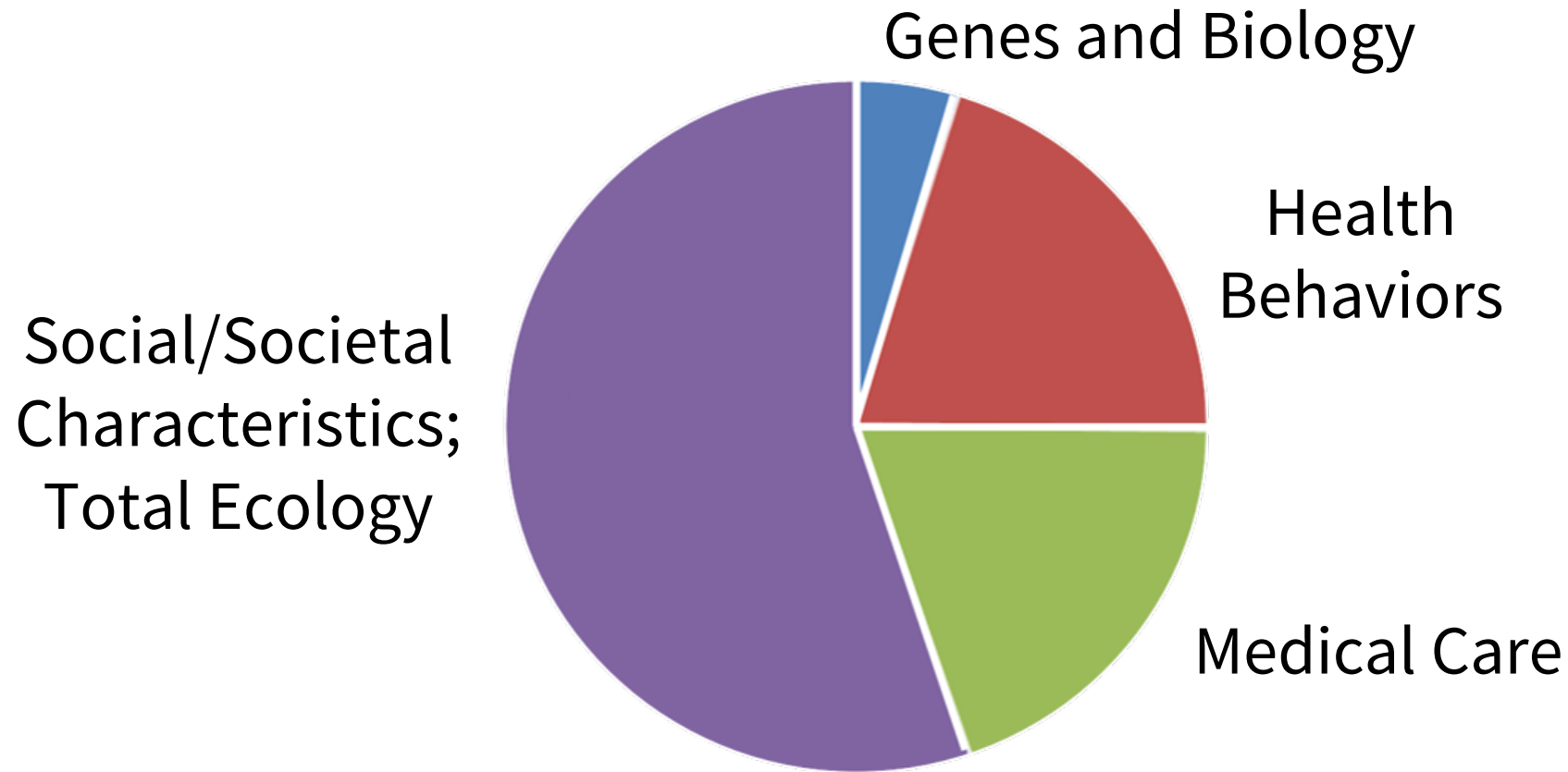


What is Public Health?

April 2023



What is Public Health?



Health vs. Public Health

Health is a state of complete **physical, mental, and social wellbeing** and not merely the absence of disease or infirmity

Preamble to the Constitution of the World Health Organization. April 7, 1948

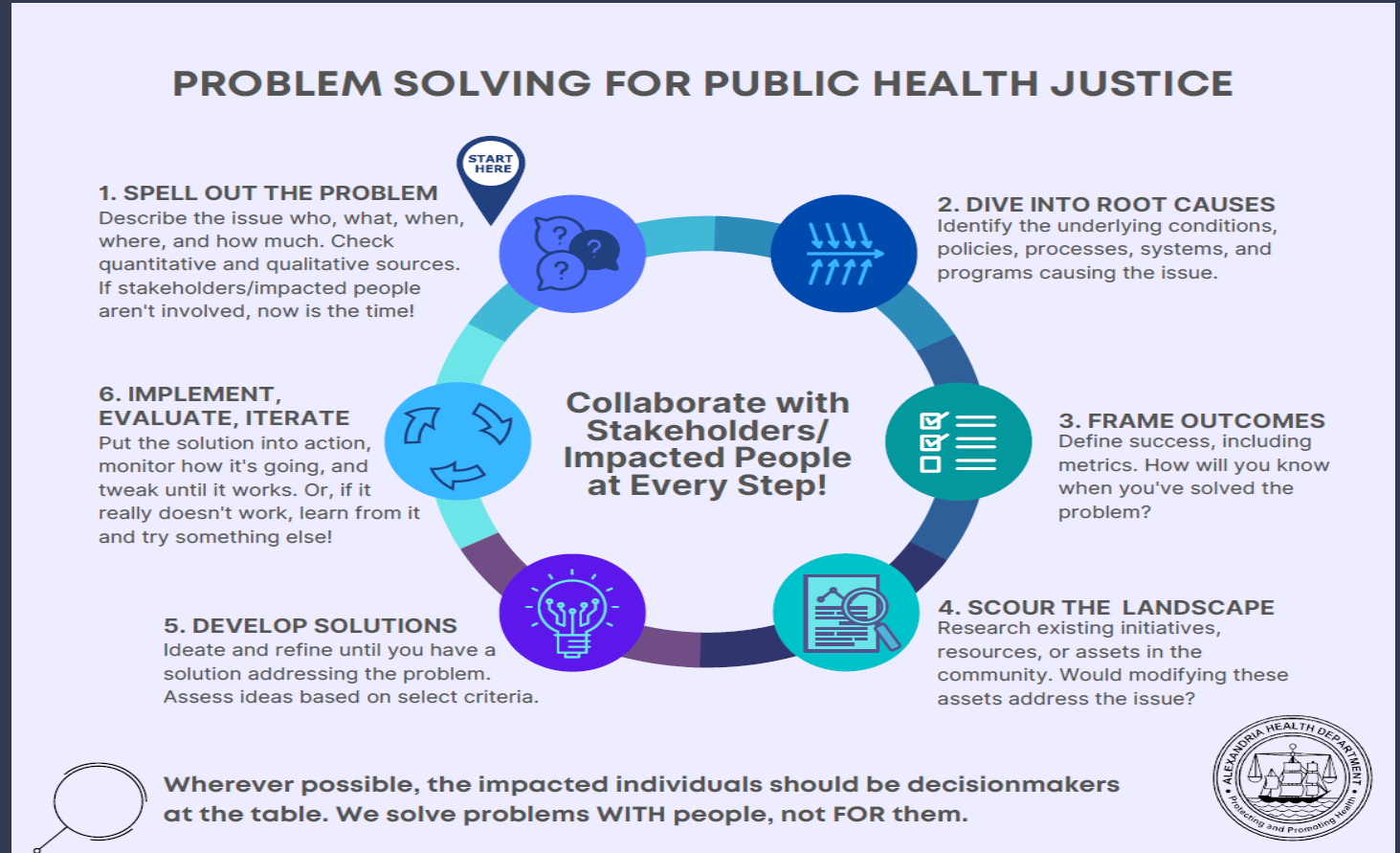
Public health is the science of **protecting and improving** the health of people and their communities.

CDC

Addressing Health Needs

Steps in Clinical Model

- Symptoms
- Signs
- History
- Physical Exam
- Diagnostic Studies
- Differential Diagnoses
- Therapy
- Re-evaluation



PROBLEM SOLVING FOR PUBLIC HEALTH JUSTICE

1. SPELL OUT THE PROBLEM

Describe the issue who, what, when, where, and how much. Check quantitative and qualitative sources. If stakeholders/impacted people aren't involved, now is the time!

START
HERE



2. DIVE INTO ROOT CAUSES

Identify the underlying conditions, policies, processes, systems, and programs causing the issue.



3. FRAME OUTCOMES

Define success, including metrics. How will you know when you've solved the problem?



4. SCOUR THE LANDSCAPE

Research existing initiatives, resources, or assets in the community. Would modifying these assets address the issue?



5. DEVELOP SOLUTIONS

Ideate and refine until you have a solution addressing the problem. Assess ideas based on select criteria.



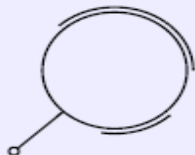
6. IMPLEMENT, EVALUATE, ITERATE

Put the solution into action, monitor how it's going, and tweak until it works. Or, if it really doesn't work, learn from it and try something else!



**Collaborate with
Stakeholders/
Impacted People
at Every Step!**

Wherever possible, the impacted individuals should be decisionmakers at the table. We solve problems WITH people, not FOR them.



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Local Public Health System

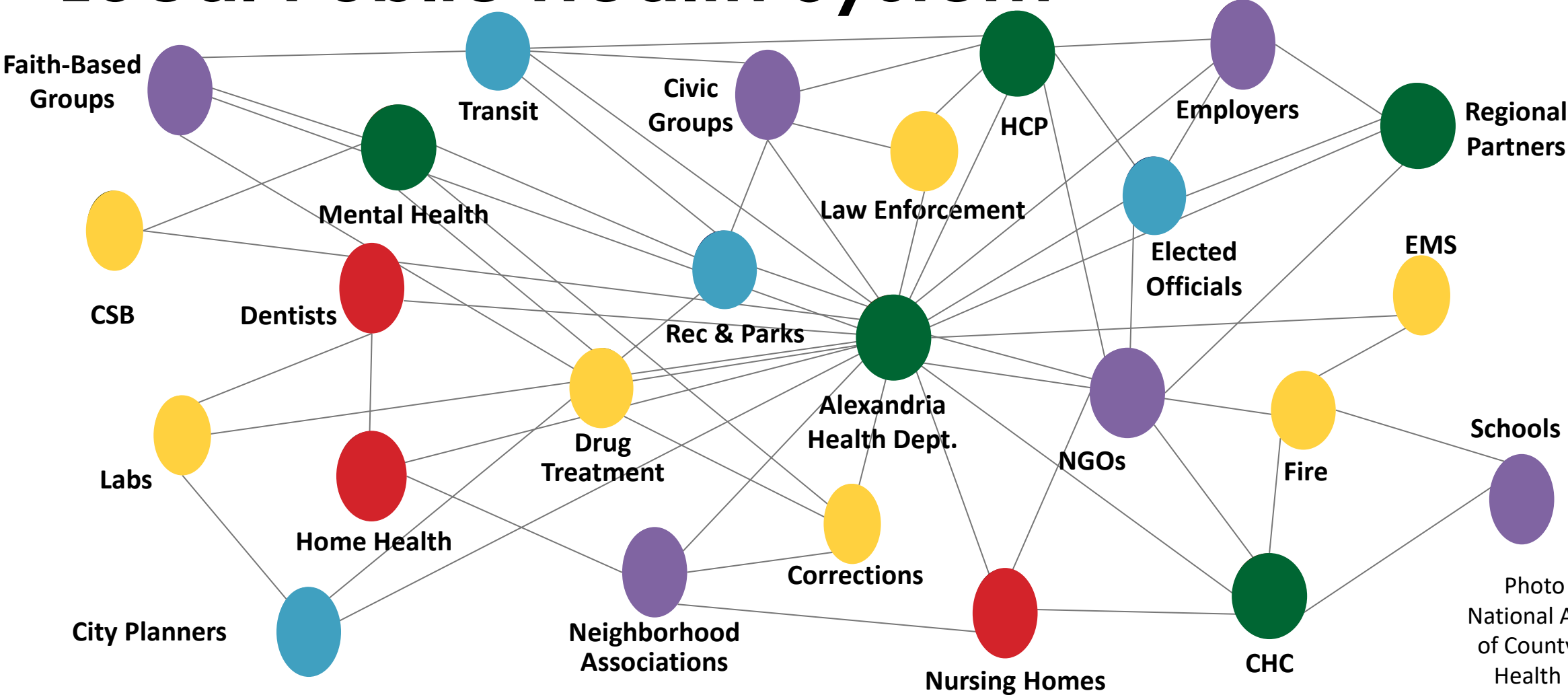


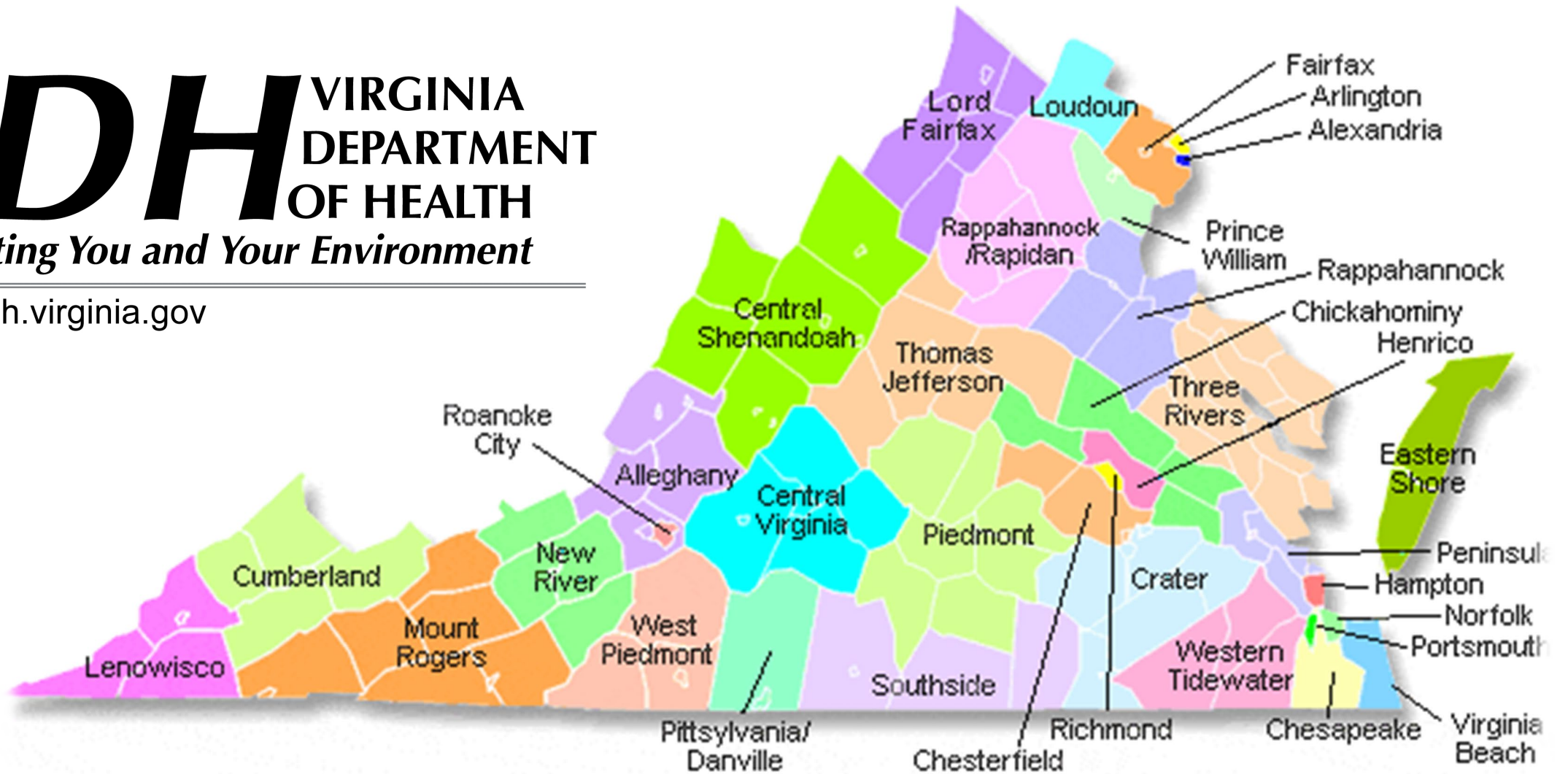
Photo Credit:
National Association
of County and City
Health Officials



Public Health in Alexandria



www.vdh.virginia.gov



April 2023



Vision

Healthy People, Healthier Communities

Mission

Protecting and Promoting Health and Well-Being in Our Communities

Values

Working Together, Improving Continuously, Making a Difference

AHD Locations



AHD Services



Clinical services*, including:

- Routine vaccines
- WIC food & nutrition services
- Sexual & reproductive health
- Narcan distribution
- Newcomer/refugee health
- Tuberculosis (TB) support



Epidemiology



Population Health



Environmental
Health Services



Vital Records



Public Health Emergency
Management & Medical
Reserve Corps

AHD Teamwork: COVID-19



Epidemiology: Tracking cases, stopping Outbreaks



PHEM: Managing the Public Health Emergency, coordinating MRC volunteers



Environmental Health: Keeping ALX facilities safe



Clinical Services: Providing care, delivering vaccines



Population Health: Connecting with communities, identifying barriers & solutions



Vital Records: Continued record keeping

COVID collaboration beyond AHD...

Spotlight: Medical Reserve Corps



57,131 Hours

Vaccines delivered.
PODs managed.
Resources shared.



What's New at AHD

April 2023



MOVED IN

Visit us at the Del Pepper
Community Resource
Center.

BREATHING EASY

ALX Breathes at-home
asthma/COPD program
coming soon.

Plan Progress

AHD continues to lead efforts
on the 2025 Community
Health Improvement Plan.

Working Together

Developing Unite Us
program for referrals across
Alexandria.

What you can do

- Take care of your whole self.
- Talk it out:
 - Get to know your neighbors & talk about public health. Here's an ice-breaker: Today I went to a City Academy.
- Have a Voice:
 - Community Health Meetings
 - City Commissions. Apply for a seat!
- Join us:
 - Partnership for a Healthier Alexandria
 - Medical Reserve Corps

QUESTIONS?

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Contact Us

www.alexandriava.gov/Health

703.746.4988

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